



**Kidney Care UK**

**Patient leaflet**

Giving patients total support, to help them live more fulfilling lives, have better choices and receive better services and support.

**Improving life for  
kidney patients**

# Improving life for everyone with kidney disease



We are here for the young and old, for those struggling to make ends meet. We help fund vital renal staff and equipment and invest in ground breaking research. We give emotional support, fund holidays and respite breaks, provide advice and information and make dialysis treatment easier and more flexible. We're here to give our total support and to make life easier for patients and their families.

## Welfare grants for patients

Kidney disease can have a negative impact on people's ability to earn an income. Our patient grants are designed to help you cover some of life's expenses or just to make life a little easier or more fulfilling. We've helped cover travel costs and college fees, replaced broken appliances and met domestic bills to name but a few! You can apply for a Kidney Care UK personal grant through a social worker, advocacy officer or health professional.

## Holidays and respite breaks

Kidney disease can be exhausting and isolating for patients and their families. Kidney Care UK provides grants to help people to get away for a much-needed holiday. We also fund Dialysis Swap, a UK scheme providing patients with secure dialysis away from their usual unit. Dialysis Swap allows patients enjoy a holiday or short break and receive dialysis at a local renal facility.

## Improving life for kidney patients



Advice



Financial support



Modern equipment



Lifestyle

# Support, advice and guidance

Kidney disease raises all sorts of questions. Kidney Care UK provides comprehensive support, advice and guidance for patients and their families. Whether it's questions about treatments and transplants, benefits and allowances or just needing someone to talk to, we're here for you.

## National Advocacy Service

Our trained Advocacy Officers help ensure that patients and their families are getting the right support, advice and services. We provide a sensitive and confidential service to help you navigate the complexities of your situation. We're right beside you when you need our experience and support.

## Counselling support

Need to talk? Our counselling support line, offers one-off support as well as longer term counselling to patients and family members.

## Patient information

We have a wide range of free medical and treatment fact sheets and information booklets for patients and carers. These can be downloaded from our website or call us for free copies.

## Child specific information

We also provide a comprehensive information service for children with kidney disease and their parents or carers. Visit [www.infoKID.org.uk](http://www.infoKID.org.uk)

To find out more about any of these services call us on **01420 541424** or visit [www.kidneycareuk.org](http://www.kidneycareuk.org)



## Supporting kidney units

By funding key staff, including social workers, psychologists and counsellors, Kidney Care UK constantly invests in the improvement of patient care and support. We also fund new equipment for renal units and patient services throughout the UK. Our investment is always focussed on areas the NHS don't meet, so we always add value.

## Patient-centred research

In partnership with the British Renal Society, Kidney Care UK funds vital patient centred research. Our grants help to ensure kidney patients' treatments and care is always advancing.



Family life



Flexible treatment



Professional care



Psychological support

**Kidney Care UK is the leading kidney patient support charity**



**Kidney Care UK provides support, advice, counselling and financial help for kidney patients and their families.**

We fund the improvement of renal equipment, services and specialist staff. We also invest in research and help to influence government and NHS policy. To access our full range of services, please use the contact details below.

Visit our website at **[www.kidneycareuk.org](http://www.kidneycareuk.org)**  
Call us on **01420 541424**

### **How you can support our work**

It is only through the generosity of our supporters that we are able to raise the vital funds that enable us to make such a difference to patients lives. To find out how you could get involved and help, please visit the website or call us. Thank you.

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**Formerly**

**BRITISH KIDNEY**  
*Patient* ASSOCIATION  
*improving life for kidney patients*

 KidneyCareUK  @KidneyCareUK