



Free Patient Information Order Form

Kidney Care UK provide high quality information that is developed in partnership with patients and medical professionals. They are available free of charge to kidney units, KPA's and patients. The full range of our resources can be viewed and downloaded digitally at www.kidneycareuk.org/booklets

To place an order for hard copies please choose from the list of materials available and return this form by email to info@kidneycareuk.org

Date requested:	Date sent by DPD or post and type of service used <i>(for office use only):</i>	
Your name:		Role:
Tel No:	Email:	
Name /Address for delivery:		
		Post code:
Stay in touch: Please send me the latest news and updates from Kidney Care UK, including my free copy of Kidney Matters Magazine four times a year (tick all that apply)		
<input type="checkbox"/> By email to the email address stated above <input type="checkbox"/> By post to the postal address stated above <input type="checkbox"/> By phone to the telephone number stated above To receive <u>only</u> a free copy of Kidney Matters Magazine, please tick here <input type="checkbox"/> Please note: we can't post anything outside of the UK. You can change the way we communicate with you at any time by calling us on 01420 541424 or emailing info@kidneycareuk.org . Further information about how we protect and use your personal data is available in our Privacy Policy .		
Which of the following applies to you? Kidney patient <input type="checkbox"/> Health professional <input type="checkbox"/> Friend/family of kidney patient <input type="checkbox"/> I have no connection with kidney disease <input type="checkbox"/> Please select one option		

<i>Patient resources and support</i>	<i>Product/ leaflet</i>	<i>Quantity</i>
1. Kidney Care UK 'Put a lid on it!' Keyrings and instruction leaflet 	Silicone bottle top keyring for patients to manage life-threatening bleeds from a arteriovenous fistulae (AVF) and grafts (AVG). For more information go to www.kidneycareuk.org/put-a-lid-on-it . If more than 30 keyrings are required, please contact us to check availability.	
2. Kidney Care UK fistula wristband 	Adult-sized (210 x 12 mm) silicone wristband. Writing on wristband reads "FISTULA THIS ARM – NO BP TESTING/NEEDLES"	
3. Applying for a grant	Guidance on applying for one of our grants	
4. Funding for renal services	Funding guidelines for renal services, kidney units and kidney patient associations	
5. Patient Support Services booklet	A guide to the services and support Kidney Care UK provide to kidney patients, their families and carers.	
6. Free patient information resources	A summary of patient information leaflets and resources available from Kidney Care UK.	

<i>Patient information – Leaflet title</i>	<i>Leaflet Topic</i>	<i>Quantity</i>
1. Acute Kidney Injury	Information about Acute Kidney Injury (AKI)	
2. Anaemia and Chronic Kidney Disease	This leaflet gives more information about anaemia and its treatment	
3. An employer's guide to CKD	Information about CKD and its treatment, how this may affect your employee and what you can do to help	
4. At risk of kidney disease, keeping your kidneys safe	Information for people that have been told they may be at risk of Acute Kidney Injury	
5. Cancer Risk in patients with kidney disease	Explains what 'cancer screening' is and how you may be able to reduce your risk of developing cancer in the future	
6. Capacity & Decision Making	How capacity is assessed, the role of Lasting Power of Attorney (LPA), the best interests process and how	

		it can apply to patients with Chronic Kidney Disease (CKD)	
7.	Choosing not to have dialysis	One of the options for treating advanced kidney disease is to manage your symptoms and not have dialysis	
8.	Choosing to stop dialysis	Discussing what can happen if you stop dialysis	
9.	Chronic kidney disease (CKD)	More information about CKD, its treatments and what to expect	
10.	CKD Health Check Booklet	Your introduction to Chronic Kidney Disease and its treatment	
11.	Dealing with a diagnosis of Kidney Disease	Leaflet offering support with the emotional impact of being diagnosed with chronic kidney disease (CKD)	
12.	Diabetes and kidney disease	Explains what diabetes is, how it affects the kidneys and how you can look after your kidneys if you do have diabetes	
13.	Dialysis Away From home – FAQs in the UK	Advice on having dialysis away from base and the free booking service available from Dialysis Freedom.	
14.	Dialysis away from home – International travel FAQs	Information about having dialysis away from your normal location, such as holidays abroad	Coming Soon
15.	Donation, what to expect – donating a kidney	What to expect if you're donating a kidney	
16.	Donation, what to expect – receiving a kidney	Information for patients hoping to receive a kidney donation	
17.	Donation, transplantation - Frequently asked Questions	Addresses questions such as how to get on the transplant list and how long is the wait	
18.	Donation - Living Kidney donation	Information for people interested in becoming a living kidney donor	
19.	Eating out or taking out on a kidney friendly diet	Information on a variety of food types and suggests good options as well as those to limit or avoid when eating out	
20.	Emotional Resilience	An introduction to emotional resilience, including tips on how it can help you to cope with the stresses you may experience in your life	
21.	Employment Rights	Describes some of the rights you have as a kidney patient in regards to employment	
22.	Exercise and Keeping Fit	Outlines the types of exercise that are recommended for people with kidney problems	
23.	Fatigue (tiredness)	Explains about fatigue in kidney patients	
24.	Frailty: ageing with kidney problems	Information about ageing with kidney problems	
25.	Help! I've got Kidney Failure Booklet	Your introduction to Kidney Failure and its treatment	
26.	Haemodialysis	Guidance on haemodialysis treatment, including how it works and what the benefits are	
27.	Haemodialysis access with an arteriovenous fistula	Explains what a fistula is, how it is made and how to take care of it, as well as the benefits and possible risks	

28.	High potassium levels (hyperkalaemia) and kidney disease	Leaflet explaining the causes of hyperkalaemia, it's symptoms and possible treatments	
29.	A Healthy Diet and Lifestyle	Help for kidney patients on eating the right balance of foods to stay healthy	
30.	Home haemodialysis	How home haemodialysis works, so you can decide if it is the right option for you	
31.	How can a renal dietitian help me?	Explains how a renal dietitian can help you make the best food, drink and lifestyle choices to support your health	
32.	InfoKID	Leaflet about infoKID which provides information for parents and carers of young kidney patients.	
33.	Inserting your tunnelled haemodialysis catheter (permcath)	Explains more about tunnelled haemodialysis catheters, also known as lines or permcaths	
34.	Itchy skin and chronic kidney disease (CKD)	This leaflet gives more information about itching in kidney disease and its treatment	
35.	Kidney Biopsy	Answers some of the questions you may have about kidney biopsies	
36.	Kidney Failure - What Choices do I have Leaflet	Advice and information for patients with kidney failure	
37.	Kidney Myth Busters	Addressing some of the more common 'myths' about your kidneys and transplantation	
38.	Kidneys and heart disease	Explains how heart disease can affect the kidneys	
39.	Looking after your dialysis line	Explains what a haemodialysis line is and how to look after it	
40.	Lowering your Potassium	Looks at the causes of hyperkalaemia, it's symptoms and possible treatments	
41.	Managing your fluid and salt levels	Looks at how you can manage your fluid and salt levels	
42.	Medicines for anaemia and mineral bone disease	Find out more about your medicines and some of the possible side effects	
43.	Medicines for chronic kidney disease	More information about the most common medicines for CKD and some of their possible side effects	
44.	Medicines for high blood pressure	Considering the medicines involved in treating high blood pressure to help protect your kidneys	
45.	Medicines commonly taken by people after a transplant or with an autoimmune disease	More information about the types of medications you may need following a transplant, and some of their possible side effects	
46.	Medicines for people having dialysis	More information about some of the most commonly prescribed medicines and some of their possible side effects	
47.	Menopause	Explains how CKD can affect when you go through the menopause, as well as the symptoms that you may experience.	
48.	Mindfulness	Introduction to mindfulness and how it can help improve your mental well-being	

49.	Mineral Bone Disease (CKD)	Find out more about this kidney related disease	
50.	Over-the-counter medicines	More information about the medicines that may cause problems	
51.	Pain medication	Explains the different types of pain killers recommended if you have kidney disease	
52.	Peritoneal Dialysis	Information about peritoneal dialysis and how it works	
53.	Pregnancy and Chronic Kidney Disease	Leaflet is aimed at pregnant women with CKD or those who are considering becoming pregnant	
54.	Pregnancy and kidney transplant	Information for women with a kidney transplant who are considering a pregnancy, as well as their partners	
55.	Removing your temporary haemodialysis catheter (vascath)	Describes what happens when your temporary haemodialysis catheter is removed	
56.	Renal social workers	Explains how a renal social worker can offer support	
57.	Restless Leg Syndrome	Information about the condition and its treatment	
58.	Shared Haemodialysis Care	Find out more about how you can get more involved in your own haemodialysis care and the benefits this may bring to you	
59.	There's no place like home – Home Dialysis booklet	An introduction to Home Haemodialysis	
60.	Having a Healthy Sex Life	Describes some of the problems you may experience and ways in which you can get help	
61.	Sexual Health & Contraception	Describes some of the issues you may face in regards to your sex life and how they can be addressed. It is aimed at both men and women	
62.	Travel medicines	Find out more about travel medicines	
63.	Welfare Benefits	Guidance on the form of benefits and tax credits which are provided to those who meet certain criteria	
64.	Women's health and Chronic Kidney Disease	This leaflet is about how CKD affects women in particular and also how certain aspects of women's health can affect CKD	

Industry reports		Type	Quantity
1.	UK Renal Psychosocial Workforce Report	Report	