

## Young Adult Registration and Health Form with Declaration

Kidney Care UK Mount Cook Residential Weekend  
Friday 9–Monday 12 September 2022

### Personal details

First name(s): Known as:	Surname:
Date of birth:	NHS number:
Address:	
Home phone:	Email:
Mobile phone:	Gender:

### Two emergency contacts/next of kin

Name:	Relationship to you:
Address:	
Contact telephone numbers	
Home phone:	Work phone:
Mobile phone:	

Name:	Relationship to you:
Address:	
Contact telephone numbers	
Home phone:	Work phone:
Mobile phone:	

Please be aware that although some of the Kidney Care UK volunteer staff who will be attending the residential weekend are health care professionals, they are not there to provide medical cover or renal care. You are responsible for your own medical needs, medications and treatment regimes. Please see the Code of Conduct Policy and Covid-19 Safety Policy, as well as [www.kidneycareuk.org/YAKG-2022](http://www.kidneycareuk.org/YAKG-2022) for more detailed information.

## Allergies

Give details of any allergies:
Do you have anaphylaxis? If so, give details:
Do you use an EpiPen?      Yes <input type="checkbox"/> No <input type="checkbox"/>
<i>If prescribed, please ensure you always have two EpiPens on your person at the residential weekend and that they are clearly labelled with your name.</i>

## Renal unit

Name of your renal unit:

Contact telephone number:

Named consultant:

Name of specialist nurse/young  
adult co-ordinator/youth worker:

Renal unit out of hours telephone number:

**Current treatment** (tick as appropriate):

Haemodialysis (home or unit)

Peritoneal Dialysis (CAPD or APD)

Transplant

Other (eg Immunosuppression)

Current treatments; (e.g. Rituximab, immunoabsorption) Please give information below:

**Dialysis/other access** (tick as appropriate):

Fistula/graft = left or right arm

Neckline = tunnelled or temporary

Peritoneal Dialysis catheter

Other access or indwelling devices e.g. Hickman/PEG

Please give information below:

**Transplant Waiting List:**

Are you active on the transplant waiting list?      Yes                   No

Please note: It remains your responsibility to get yourself to the hospital if they get a call for a transplant whilst on this residential trip. However, Kidney Care UK volunteer staff will make all reasonable efforts to get young people to where they need to be in partnership with their next of kin/legal guardians. Please ensure your emergency contact details are correct.

**Do you use any medical equipment at home?**

Home HD machine (nxstage)       PD machine                   Feeding pump                   Insulin pump

Other (please give information below):

What equipment will you bring with you?

**Do you have any special dietary requirements?**

Yes                   No                   Details:

**Phosphate/potassium/other restrictions?**

Yes                   No                   Details:

**Do you have diabetes?** Yes  No

Please give details of type of diabetes and treatment regime:

## **Covid-19 vaccination status**

Type and dates of vaccinations and boosters. You can find this information on the NHS app:

1st:

2nd:

3rd:

4th:

Boosters:

What Instructions have you been given by your renal unit if you have covid symptoms, test positive for Covid-19 or suspect you have Covid?

**If you develop symptoms of Covid-19 or test positive for Covid-19 during the residential weekend, you will be required to return home immediately and contact your local renal unit so that you can receive appropriate treatment.**

If you have to leave the Mount Cook Adventure Centre during the activity weekend due to ill health, suspected Covid-19 symptoms or testing positive for Covid-19, will you have someone to collect you and take you home?

Yes  No

Relationship to you:

Their name:

Contact details:

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## Disabilities

Do you have any disabilities?      Yes       No

Please give details:

Do you have any disabilities that may affect your ability to take part in any of the activities that will be on offer at Mount Cook during the residential weekend?    Yes       No

*Please see [www.kidneycareuk.org/YAKG-2022](http://www.kidneycareuk.org/YAKG-2022) for more detailed information regarding the types of indoor and outdoor activities/workshops that will be available to participate in at Mount Cook Activity Centre.*

What reasonable adjustments can we make to ensure you are able to participate as fully as possible?

## Additional instructions to young adults

Please be aware that although some of the Kidney Care UK volunteer staff who will be attending the residential weekend are health care professionals, they are not there to provide medical cover or renal care. **You are responsible for your own medical needs, medications, and treatment regimes.** Please see the Code of Conduct Policy and Covid-19 Safety Policy, as well as [www.kidneycareuk.org/YAKG-2022](http://www.kidneycareuk.org/YAKG-2022) for more information.

If you are a haemodialysis patient, you must ensure you have made suitable arrangements for dialysis around the weekend, as there will be no provision for haemodialysis (other than if you are using the Baxter Nxstage system) during the weekend at the Mount Cook Adventure Centre or at a local renal unit in Derbyshire. Ideally you should dialyse at your usual renal unit, or on home haemodialysis on the morning of Friday 9 September, so that you can attend the weekend in optimum health.

If you are a peritoneal dialysis patient, you must liaise with your local young adult worker or renal unit to co-ordinate delivery of the correct PD fluids and disposables to the Mount Cook activity centre. CAPD or APD can be undertaken at Mount Cook in your allocated bedroom. Single accommodation can be organised on request.

**You are responsible for bringing all medications and medical equipment needed for the weekend with you.**

You must be fully Covid-19 vaccinated to attend this weekend. This is to ensure the safety of all vulnerable young adults attending and volunteer staff. If you have a medical reason as to why you have been unable to have the vaccination, this can be discussed on an individual basis. Please see the separate Covid-19 Safety Policy and [www.kidneycareuk.org/YAKG-2022](http://www.kidneycareuk.org/YAKG-2022) for up-to-date information.

You must attach your last outpatient clinic letter from your consultant/renal team when you return your forms (details below). This letter needs to contain your relevant medical history, current medications, up to date blood test results. You must complete your medical form to include who to contact at your renal unit, should you need to speak with your renal team whilst away for the weekend.

This information needs to be received no later than Sunday 24 July to complete your registration. If the below FIVE documents are not submitted, you will not be permitted to attend.

We will contact you by email to confirm you have a place reserved once we have verified all your completed returned documentation. Registration closes on Sunday 24 July.

You need to promptly return the below documentation to this email address:  
[nuth.newcastlerenalyoungadult@nhs.net](mailto:nuth.newcastlerenalyoungadult@nhs.net)

- Kidney Care UK Media Consent Release Form
- Young Adult Registration and Health Form with Declaration
- Individual Conduct and Covid-19 Safety Policy Consent Form
- Most recent clinic letter
- Signed Renal Team Medical Consent Form
- Any additional letters or correspondence from your renal medical team

The Renal Team Medical Declaration Consent Form needs to be signed and completed by someone in your renal care team. This can be a Consultant Nephrologist, Renal Registrar, Advanced Nurse Practitioner, Consultant Nurse or Renal Nurse Specialist. This is a separate form and needs to be returned with a recent clinic letter and your completed medical form.